



**TINY
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THERAPY**

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Chronic Disease Management Plan (CDMP)

This flyer briefly outlines what a CDMP referral is and what it means for your child.

Is my child eligible?

A GP will determine if your child is eligible for a CDMP if they have a chronic condition (a condition that is present for a minimum of six months). In some cases, it is obvious that a CDMP is needed however some GPs will want an initial assessment report first before a CDMP especially if they are unsure how significant the concern may be. This means that you will not be able to use a CDMP to claim for the initial assessment but will be able to use it to claim against the therapy sessions.

How do I access a CDMP plan?

You need to visit your GP to have this discussion. Your GP will decide if you are eligible for these services and will refer you where appropriate. GPs will have a CDM checklist.

You will need to provide our admin team with your referral form PRIOR to the first appointment, or the Medicare rebate will not be claimable. It is YOUR responsibility to ensure we have the CDM referral not ours or your GP.

Can I get a CDMP for OT?

Yes, OT is an allied health service. If you need to access us along with one other service, you may be eligible. Our most common co-providers are dietetics and speech pathology. Please note that our Occupational Therapy Assistants are NOT able to utilise your child's CDMP plan as they do not hold the relevant qualifications.

When can I use a CDMP?

The CDMP provides a maximum of 5 total rebates per calendar year for all allied health services. If you are accessing more than one type of allied health service, you are entitled to 5 rebates across all of the services combined, not 5 rebates per clinical service. For example, 2 for Speech and 3 for OT. We will notify your GP once you have used the five Medicare rebated sessions.

Some of our clients use it at the end of the year to get 5 sessions with a rebate. They can re-apply in January for a new plan as they are only issued once per calendar year. This allows another 5 sessions with Medicare rebate. This effectively creates a 10-week block of therapy with Medicare rebate. If you lose track of how many occupational therapy services you have claimed in a calendar year with Tiny Tackers Therapy, please contact either us or Medicare on 132 011.

Can I use a CDMP referral for all appointments with Tiny Tackers Therapy?

No! In order for a Medicare rebate, the OT session must be face to face with your child on a one-to-one basis. A rebate is NOT eligible for a group appointment, a cancelled/DNA appointment invoice or for non-face to face support such as reports, travel expenses, phone calls with school, parent etc.

Does the CDMP give me free occupational therapy?

Please note that the Medicare rebate does NOT cover the full fee. The amount of rebate you receive is dependent on several factors, however the minimum amount you will receive (as of 1st July 2023) is \$58.00

Upon having provided us with a copy of the referral and paying the FULL session fee WITHIN OUR TERMS OF 7 DAYS, with your consent, we will process the Medicare rebate on your behalf. The rebate will be deposited into your nominated bank account usually within 24 hours. Should you delay payment to us, you will need to claim the Medicare rebate yourself.

[Click here to access the Department of Health website](#)