# READY SET PREP

### **PROGRAM OUTLINE**

This intensive school readiness holiday program is specifically tailored for children who will be attending a mainstream primary school in 2020. The group will focus on developing the skills required for a successful transition to school:

- Fine motor skills/Pre-writing skills
- Social skills (winning and losing, and being part of a group)
- Playing safely and negotiating the playground
- Classroom based skills
- Separating from parents, confidence and self-esteem
- School routines
- Executive functioning skills (planning and organizing)

The group will be facilitated by an Occupational Therapist and Occupational Therapy Assistant.

Snack time is factored into each session. Please ensure you child brings their school bag, drink bottle and a snack in their lunchbox.

Includes educational handouts and strategies for parents, as well as homework and therapy tools to try at home.

#### DATES

Week 1: January 20<sup>th</sup>, 21<sup>st</sup>, 22<sup>nd</sup> 10am – 12:30pm Week 2:January 27<sup>th</sup> 11:30-2pm, January 28<sup>th</sup> and 29<sup>th</sup> 10am-12:30pm

## VENUE

St Mary MacKillop Primary School, Bannockburn VIC

# COST

NDIS participants can use their NDIS plan to cover group costs if they have 'capacity building' funding.

\$175 per session, \$1050 for all the 6 sessions. Includes a summary report upon completion of group.

#### HOW TO REGISTER

Email your child's name to <u>info@tinytackerstherapy.com.au</u> and we will email you a registration form

